National Institute of Environmental Health Sciences

Local heat stroke prevention plans in Japan: Characteristics and elements for public health adaptation to climate change

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Abstract:

The adverse health effects from hot weather and heat waves represent significant public health risks in vulnerable areas worldwide. Rising temperatures due to climate change are aggravating these risks in a context of fast urbanization, population growth and societal ageing. However, environmental heat-related health effects are largely preventable through adequate preparedness and responses. Public health adaptation to climate change will often require the implementation of heat wave warning systems and targeted preventive activities at different levels. While several national governments have established such systems at the country level, municipalities do not generally play a major role in the prevention of heat disorders. This paper analyzes selected examples of locally operated heat-health prevention plans in Japan. The analysis of these plans highlights their strengths, but also the need of local institutions for assistance to make the transition towards an effective public health management of high temperatures and heat waves. It can also provide useful elements for municipal governments in vulnerable areas, both in planning their climate change and health adaptation activities or to better protect their communities against current health effects from heat.

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Resource Description

Early Warning System: ☑

resource focus on systems used to warn populations of high temperatures, extreme weather, or other elements of climate change to prevent harm to health

A focus of content

Exposure : ☑

weather or climate related pathway by which climate change affects health

Temperature

Temperature: Extreme Heat

Geographic Feature: ☑

resource focuses on specific type of geography

None or Unspecified

Geographic Location: ☑

resource focuses on specific location

Non-United States

Non-United States: Asia

Asian Region/Country: Other Asian Country

Other Asian Country: Japan

Health Impact: ☑

specification of health effect or disease related to climate change exposure

Injury, Other Health Impact

Other Health Impact: heat stroke

Intervention: ☑

strategy to prepare for or reduce the impact of climate change on health

A focus of content

Mitigation/Adaptation: ☑

mitigation or adaptation strategy is a focus of resource

Adaptation

Resource Type: ☑

format or standard characteristic of resource

Policy/Opinion, Review

Timescale: ☑

time period studied

Time Scale Unspecified

Vulnerability/Impact Assessment: ☑

resource focus on process of identifying, quantifying, and prioritizing vulnerabilities in a system

A focus of content